

# SPRING MENU – WEEK 3

SIDE DISHES: A seasonal selection of fresh vegetables and potatoes.  
 \*Jackets available “naked” or “rubbed” with a choice of chilli oil, garlic oil or Indian spice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>				
<b>Traditional Beef Lasagne</b> Minced beef in rich Italian tomato sauce, layered with white sauce and pasta	<b>Chunky Chicken Pie</b> Chicken in gravy served with mashed potatoes and seasonal vegetables	<b>Hand Craved Roast Turkey</b> With cranberry sauce. Herb encrusted stuffing and seasonal vegetables	<b>Aromatic Chicken Curry and rice</b> Marinated spiced chicken in a tomato sauce with fluffy Basmati rice & Naan Bread	<b>Homemade Fish ‘n’ Chips</b> Hand battered fish served with chips
<b>MAIN COURSE (MEAT FREE)</b>				
<b>Vegetarian Lasagne</b> Vegetables in a rich Italian tomato sauce, layered with white sauce and pasta	<b>Vegetable Pie</b> Vegetable in gravy served with mashed potatoes and seasonal vegetables	<b>Quorn Fillet</b> With cranberry sauce. Herb encrusted stuffing and seasonal vegetables.	<b>Vegetarian Curry and Rice</b> Veggie Curry in a tomato sauce with Fluffy basmati rice & Naan Bread	<b>Pizza ‘n’ chips</b> Margherita Pizza and Chips
<b>TUBS AND BOWLS</b>				
<b>Pasta Carbonara</b> Spaghetti with a creamy bacon And mushroom sauce	<b>Tomato and Basil Pasta</b> Pasta spirals bound in a rich tomato sauce and basil	<b>Macaroni Cheese</b> Macaroni Pasta in a traditional Cheese Sauce Served with Garlic Bread	<b>Penne Arrabiata</b> Topped with Cheddar Cheese and served with Garlic Bread	<b>Tomato and Cheese Pasta</b> Penne Pasta with Tomato sauce and cheese
<b>HAND HELD</b>				
<b>Chicken Tikka Naan</b> Tikka marinated chicken served in a folded naan bread	<b>Jumbo Hotdog with Fried Onions</b> Jumbo pork sausage in a roll. Served with onions	<b>Tandoori chicken Naan</b> Tandoori marinated chicken served in a folded naan bread	<b>Chicken Goujons</b> Breaded Chicken Goujons	<b>Vegetables Wraps</b> Cajun Vegetables in a wrap