

STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1

MAINS

SIDES



MON

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE
with Spring Onion, Pepper & Garlic

CRUNCHY RAINBOW SALAD



TUE

NASHVILLE BAKED CRISPY CHICKEN BURGER
with Ranch Slaw

CAJUN SPICED BAKED VEGGIE BURGER
with Ranch Slaw

CRISPY BAKED HOME FRIES



WED

ROAST PORK, STUFFING & APPLE SAUCE
with Gravy
Either as a classic roast dinner or loaded into a ½ baguette

ROASTED ROOTS FILO STRUDEL

SKIN ON ROASTIES CARROTS & BROCCOLI



THU

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS



FRI

Choose from:
BATTERED FISH VEG SAUSAGE
(battered or plain)
Margherita Pizza
Chips

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

VEGGIE THAI STYLE NOODLE SALAD

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DESSERTS

CHICKEN CAESAR SALAD

FALAFEL & POMEGRANATE COUSCOUS SALAD

QUINOA & FETA SUPERFOOD SALAD

TIKKA CHICKEN & MINT YOGURT SALAD

HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD

WARM LEMON DRIZZLE SPONGE

BLACK & WHITE SHORTBREAD COOKIE

STICKY TOFFEE PUDDING

FLAPJACK

STRAWBERRY TRIFLE POT

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU



WEEK 2

9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2

ASIAN
MON

TERIYAKI CHICKEN STIR-FRY
with Egg Noodles

VEGGIE THAI GREEN CURRY
with Egg Noodles V

SWEET CHILLI BROCCOLI

INCREDIBLE INDIA
TUE

CHICKEN TIKKA CURRY

CHANA MASALA V

STEAMED RICE, CUMIN ROAST CARROTS & PARSNIPS

Home STYLE
WED

BRITISH PORK BANGERS & MASH
with Onion Gravy

QUORN SAUSAGE & MASH
with Onion Gravy V

SKIN-ON MASHED POTATOES
GREEN BEANS

HACIENDA MEXICANA
THU

SMOKED CHILLI BEEF TACO
with Smashed Nachos, Spring Onion & Sour Cream

VEGGIE BEAN CHILLI LOADED NACHOS V
with Spring Onion & Sour Cream

SMOKEY CORN STEAMED RICE

Chips & More
FRI

Choose from:
BATTERED FISH VEG SAUSAGE
(battered or plain) V

Margherita Pizza V
Chips V

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE V

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

VEGGIE THAI STYLE NOODLE SALAD V

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC NICOISE WITH EGG

BRIGHT & LIGHT CHICKEN PASTA SALAD

SUPERFOOD GREEN SALAD

JERK CHICKEN & PINEAPPLE SALAD

ASIAN CUCUMBER, EDAMAME & NOODLE SALAD

DESSERTS

APPLE CRUMBLE

SHORTBREAD

NEW YORK VANILLA BAKED CHEESECAKE

BROOKIE

WARM WHITE CHOCOLATE BLONDIE with Custard

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DAILY!

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DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3

16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2

MAINS

SIDES



MON

CLASSIC BEEF LASAGNE

PROVENÇAL VEGETABLE
LASAGNE V

GARLIC WEDGES
HOUSE CHOP SALAD



TUE

KUNG PAO
PULLED PORK

BANG BANG
CAULIFLOWER V

5 SPICE RICE
& STIR FRIED GREENS



WED

CREAMY CHICKEN &
PUFF PASTRY PIE

SMOKY SWEET POTATO &
RED PEPPER PIE V

CHIVE MASH
PEAS, GREEN BEANS
SAVOY CABBAGE



THU

AMERICAN MUSTARD &
CRISPY ONION HOT DOG

AMERICAN MUSTARD &
CRISPY ONION VEGAN
SAUSAGE V

CAJUN POTATOES
RANCH SLAW



FRI

Choose from:
BATTERED FISH
VEG SAUSAGE

(battered or plain) V
Margherita Pizza V
Chips V

MINTY PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE V

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

VEGGIE THAI STYLE
NOODLE SALAD V

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC GREEK SALAD
WITH FETA & OLIVES

SQUASH, ROASTED
VEGETABLE
& CHICKPEA SALAD

SMOKY MEXICAN BEAN
CHOPPED SALAD

COCONUT CHILLI
CHICKEN SALAD

CRUNCHY RANCH
& EGG SALAD

DESSERTS

APPLE & SYRUP
SPONGE

CHOCOLATE
SHORTBREAD

KEY LIME
CHEESECAKE

CHOCOLATE BANANA
CAKE

BROWNIE
with Chocolate Sauce

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DAILY!

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& Yogurt Pots
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SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO