

Spring Menu – Week 3

All Main meals served with Seasonal Vegetables & potato or Rice of the day.

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Chicken Biryani & Naan Bread	Chilli Con Carne served with Rice, Salsa & Sour Cream	Chicken Chow Mein served with a Mini Spring Roll	Pork Sausages served with Mashed Potato & Seasonal Vegetables	Battered Fish 'N' Chips served with Peas & Tartare Sauce
MAIN COURSE (MEAT FREE)				
Vegetable Biryani & Naan Bread	Quorn Chilli served with Rice, Salsa & Sour Cream	Vegetable Chow Mein served with a Mini Spring Roll	Quorn Sausage served with Mashed Potato & Seasonal Vegetables	Vegetable Burger served with Chips & Peas
STREET FOOD				
Falafel & Lettuce in a Tomato Tortilla Wrap	BBQ Chicken in a Tortilla Wrap	Ultimate Vegetable Pizza	Spiced Chicken Drumsticks	Vegetable Spring Rolls
TAKEAWAY TUBS				
Chicken Tikka served with Rice	Mac 'N' Cheese	Meatballs Italiano	Penne Arrabiata	Broccoli Pasta Bake



Jackets £1.50

TRY OUR DELICIOUS FILLINGS FOR 50P EACH

HOT SNACKS AVAILABLE