

# Year 11 GCSE PE



## Autumn 1

Socio-cultural influences:  
Engagement patterns from different social groups  
commercialisation of physical activity such as sponsorship, the media and technology and also ethical issues such as conduct of performers and player behaviour.

## Spring 1

Students will be taught about research techniques, how to analyse data and read graphs. Student will be taught how to know the difference between qualitative and quantitative data and how each can be collected and used to inform research.

## Summer 1

A large focus will also be on the preparation for practical assessment and moderation for 3 sports the students will be assessed in.

Further focus on exam technique and command words.

## Autumn 2

Students will be taught about health and fitness; Physical, emotional and social health, fitness and well being, somatotypes and obesity, diet energy use, nutrition and hydration.

## Spring 2

From this point the theory course content will be complete and the remainder of the term will be dedicated to revision working back from the very beginning.

Throughout the course students are given knowledge and taught how to apply to sport and sports performance as well as being guided in how to effectively discuss, analyse and evaluate for more challenging questions.

