



Year 11 PE Curriculum Summary



| When? | Understanding | Knowledge | Assessment |
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| Autumn Half Term 1 & 2 | Practical lessons will take place throughout the term alongside theory lessons. This term students will be studying Socio-cultural influences on sports participation, Commercialisation of Physical activity and sport as well as ethical issues within sport. | | |
| | Understand why engagement patterns vary between different social groups and the factors that affect this such as sexism with regards to gender. Understand how commercialisation has been positive for sport but also the negatives that have come with its introduction. Understand how technology has changed and influenced sport, providing opinions on positives and negatives. | Know what the term engagement patterns means. Know what the different social groups are where engagement patterns differ. Know the factors affecting participation (barriers) Know what commercialisation is and what forms it takes Know the different types of technology | Short module tests Self assessment of homework Peer assessment of homework Marking of other resources and discussions Assessment points which build a range of topics taught to date in Coursework revisited |
| | Understand why some performers may choose to take performance enhancing drugs even though they may ruin their whole career. Understand the causes of hooliganism. | Know about player's conduct; etiquette, sportsmanship and gamesmanship Know what prohibited substances are and a list of performance enhancing drugs. Know the effects and reasons why people may take them. Know about spectator behaviour and strategies to stop hooliganism. | Short module tests Self assessment of homework Peer assessment of homework Marking of other resources and discussions Coursework revisited Assessment points which build a range of topics taught to date in |



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| <p>Spring term 1 & 2</p> | <p>Practical lessons will take place throughout the term alongside theory lessons. This term students will be learning about Health and Fitness and use of data.</p> | | |
| | <p>Understand how these key terms are linked in relation to maintaining a healthy, active lifestyle. Understand how people with different somatotype may be more influenced to take part in particular sport. Understand that mainly people are a mix of different somatotypes. Understand why measuring our calorie intake vs calorie expenditure is important in a healthy active lifestyle. Understand how to analyse different types of data.</p> | <p>Know the key terms associated with health and fitness such as health, fitness, well-being, obesity and sedentary. Know the different body types (somatotypes) and their characteristics. Know about energy use, diet and nutrition and its importance in maintaining a healthy active lifestyle. Know about different types of data; Qualitative and Quantitative.</p> | <p>Short module tests Self assessment of homework Peer assessment of homework Marking of other resources and discussions Assessment points which build a range of topics taught to date in</p> |
| | <p>This Half term there will be a big focus on the practical assessment and preparation for that. Following that the remainder of the time will be revision as course content will have been delivered completely.</p> | | <p>Internal moderation. External moderation</p> |



| When? | Understanding | Knowledge | Assessment |
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| Summer term 1 & 2 | Understand that papers start with knowledge based questions then build in understanding. Understand the different command words and what is required in the answer. | Knowledge of exam layout and command words. Knowledge of what is expected from different questions offering more marks. Knowledge of past papers and mark schemes. | Short module tests Self assessment of homework Peer assessment of homework Marking of other resources and discussions |



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| | <p>Understand which type of feedback is most suitable for sports performers at different stages.</p> <p>Understand how performance goals and outcome goals can benefit performers at different levels, eg beginner – elite.</p> <p>Understand the importance of setting SMART targets in order to ensure training is specific and to track progress.</p> <p>Understand how to give a written analysis and evaluation of their performance in sport.</p> | <p>Know about different types of feedback; verbal, visual, manual and mechanical.</p> <p>Know what goal setting is with reference to performance goals, outcome goals and SMART targets.</p> <p>NEA Coursework – Know what is involved in the analysis and evaluation of their own performance in sport.</p> | <p>Short module tests</p> <p>Self assessment of homework</p> <p>Peer assessment of homework</p> <p>Marking of other resources and discussions on marks awarded and why.</p> <p>Assessment points which build a range of topics taught to date in</p> <p>.</p> |