



# Year 8 PE Curriculum Summary



When?	Understanding	Knowledge	Assessment
<p><b>Autumn Half Term 1 &amp; 2</b></p>	<p>These lessons will be divided into two and will consist of one period of football and one period of dodgeball. This will be done over both Autumn 1 and 2.</p>		
	<p><b><u>Football</u></b></p> <p>During the football lessons the students will be developing the basic components of football, building on what they learned in year 7 and progressing them further. They will develop their passing, dribbling, shooting, defending and how these can be used to overcome opposition. In the final lesson the students will be assessed on all learning topics in a gameplay situation.</p>	<p>Students will be developing their knowledge of the rules, regulations and how the game is played, as well as the different components of the game. These will include passing, dribbling, shooting, defending, manipulating opponents and game play. Students will understand the components of fitness and how these benefit football players.</p>	<p><b><u>Summative assessment</u></b> will be included during weekly lessons, their performance, and verbal contributions, to demonstrate knowledge and understanding.</p> <p><b><u>Formative assessments</u></b> will be visual, and question based throughout the duration of the block of football lessons. Injured players/non-doers will be given resources to fill out to gauge their learning during the lessons.</p>
	<p><b><u>Dodgeball</u></b></p> <p>Dodgeball will be taught through conditioned games where students will learn about the different aspects of dodgeball. They will understand how to throw, dodge, tactics, manipulate opponents and the rules and regulations of dodgeball.</p>	<p>Students will gain knowledge of rules and regulations, throwing, dodging, tactics and how to manipulate opponents. This will be done through both drill-based teaching and conditioned games.</p>	<p><b><u>Summative assessment will include</u></b> Think pair share discussions, class discussions, individual questioning, individual/group demonstrations, practical execution in a game setting.</p> <p><b><u>Formative assessment:</u></b> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>



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<p><b>Spring term 1 &amp; 2</b></p>	<p>During Spring 1 and 2, the lessons will once again be split in to two sessions, giving the students 6 lessons on each sport. They will be working through a Basketball and a Fitness scheme of work.</p>		
	<p><b><u>Basketball</u></b></p> <p>During the basketball block, students will look to develop their skills of each component of basketball. This will include passing dribbling, shooting, lay ups, defending and gameplay.</p>	<p>Students will develop their knowledge of the rules and regulations, including how to manipulate opponents. They will also develop their passing, dribbling, shooting, lay ups and defending in basketball.</p>	<p><b><u>Summative assessment</u></b> will include: Think pair share discussions, class discussions, individual questioning, individual/group demonstrations and practical execution in a game setting.</p> <p><b><u>Formative assessment:</u></b> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>
	<p><b><u>Fitness</u></b></p> <p>Fitness will be taught via various fitness activities, such as circuit training, fartlek training, continuous training, and agility/speed training.</p>	<p>The students will develop their knowledge of the following:</p> <ul style="list-style-type: none"> <li>• What is the type of training?</li> <li>• What is the format of this training?</li> <li>• What benefits does it provide?</li> <li>• What type of athletes would use it?</li> <li>• How does it affect the heart and lungs?</li> <li>• What does it improve?</li> </ul>	<p><b><u>Summative assessment</u></b> will be included during weekly lessons, their performance, and verbal contributions, to demonstrate knowledge and understanding.</p> <p><b><u>Formative Assessment via Fitness Testing:</u></b> Bleep test, 12-minute cooper run, Illinois Agility test, 1-minute press-up test and 1 minute sit-up test.</p>



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<p><b>Summer term 1 &amp; 2</b></p>	<p>During Summer Term 1 and 2 the students will learn about Cricket and OAA.</p>		
	<p><b><u>Cricket</u></b></p> <p>In this unit pupils focus on further developing, implementing, and refining techniques for batting, bowling, and fielding. Pupils will develop the ability to place the ball in a target area and refining game strategies. Pupils will develop confidence in movement and test mental capacity through scoring and officiating games.</p>	<p>Students will develop on their learning from year 7 and be able to replicate the different techniques in each aspect of cricket. This will include batting, fielding, bowling, and gameplay. This will be done through a game-based approach allowing the students to learn through conditioned games.</p> <p>The students will gain knowledge of the following:</p> <ul style="list-style-type: none"> <li>• Do I know the key teaching points for different batting shots?</li> <li>• Being able to hit different shots in match scenarios.</li> <li>• Can I incorporate a run up and still bowl accurately?</li> <li>• Am I able to take wickets using the correct bowling technique?</li> </ul>	<p><b><u>Summative assessment</u></b> will include: Think pair share discussions, class discussions, individual questioning, individual/group demonstrations, practical execution in a game setting.</p> <p><b><u>Formative assessment:</u></b> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>



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	<p><b><u>OAA</u></b></p> <p>Students will build their problem-solving skills through teamwork to find solutions to physical and mental problems.</p>	<p>Students will gain knowledge in the following.</p> <ul style="list-style-type: none"><li>• How to effectively work as part of a team.</li><li>• How to effectively communicate.</li><li>• How to problem solve individually and in a team.</li></ul>	<p><b><u>Summative assessment</u></b> for OAA think pair share discussions, class discussions, individual questioning, individual/group demonstrations.</p> <p><b><u>Formative assessment:</u></b> Students will be graded at the end of the six-week block on the following.</p> <ul style="list-style-type: none"><li>• Teamwork</li><li>• Communication</li><li>• Problem Solving</li></ul>