



Year 9 Sport & Physical Activity

Autumn 1&2 Rugby

Students will consolidate their knowledge and understanding of how to use skills and tactics to outwit and overcome opposition in rugby



Throughout the year within Games lessons there will also be inter-form competitions running in a variety of sports including Cross Country badminton and basketball as well as these sports



Spring 1&2 Football / Interform competitions

Summer 1 Athletics

Students will consolidate their knowledge and understanding of how they can develop technique to improve performance in athletic events



Students will consolidate their knowledge and understanding of how to use skills and tactics to outwit and overcome opposition in football



Summer 2 Rounders

Throughout the year within Games lessons there will also be options of table tennis, badminton, handball, 5 a side football, basketball, tennis and cricket



Students will consolidate their knowledge and understanding of how they can develop technique to improve performance in Rounders