



Year 8 PE Learning Journey

YEAR GROUP: 8 Learning Map

SUBJECT: PE

When?	Understanding	Knowledge	Assessment
<p>Autumn Half Term 1 & 2</p>	<p>These lessons will be divided into two and will consist of handball for one period and fitness for another period. This will be done over both Autumn 1 and 2.</p>		
	<p><u>Handball</u></p> <p>During the handball lessons the students will learn about the basic components of handball. They will learn about the basic of passing, dribbling, shooting, defending and in the final lesson the students will be assessed in the gameplay lessons.</p>	<p>Students will learn the rules, regulations and how the game is played, as well as learning the different components of the game. These will include passing, dribbling, shooting, defending, manipulating opponents and game play.</p>	<p><u>Summative assessment</u> will be included during weekly lessons, their performance, and verbal contributions, to demonstrate knowledge and understanding.</p> <p><u>Formative assessments</u> will be visual, and question based throughout the duration of the block of handball lessons. Injured players/non-doers will be given resources to fill out to gauge their learning during the lessons.</p>
	<p><u>Fitness</u></p> <p>Fitness will be taught via various fitness activities, such as circuit training, fartlek training, continuous training, and agility/speed training.</p>	<p>The students will gain knowledge of the following:</p> <ul style="list-style-type: none"> • What is the type of training? • What is the format of this training? • What benefits does it provide? • What type of athletes would use it? • How does it affect the heart and lungs? • What does it improve? 	<p><u>Summative assessment</u> will be included during weekly lessons, their performance, and verbal contributions, to demonstrate knowledge and understanding.</p> <p><u>Formative Assessment via Fitness Testing:</u> Bleep test, 12-minute cooper run, Illinois Agility test, 1-minute press-up test and 1 minute sit-up test.</p>
<p>Spring term 1 & 2</p>	<p>During Spring 1 and 2, the lessons will once again be split in to two sessions, giving the students 6 lessons on each sport. They will be working through a Basketball and a Dodgeball scheme of work.</p>		

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	<p><u>Basketball</u></p> <p>During the basketball block, students will look to develop their skills of each component of basketball. This will include passing dribbling, shooting, lay ups, defending and gameplay.</p>	<p>Students will gain knowledge of the rules and regulations, including how to manipulate opponents. They will also learn how to perform passing, dribbling, shooting, lay ups and defending in basketball.</p>	<p><u>Summative assessment</u> will include: Think pair share discussions, class discussions, individual questioning, individual/group demonstrations and practical execution in a game setting.</p> <p><u>Formative assessment:</u> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>
	<p><u>Dodgeball</u></p> <p>Dodgeball will be taught through conditioned games where students will learn about the different aspects of handball. They will understand how to throw, dodge, tactics, manipulate opponents and the rules and regulations of dodgeball.</p>	<p>Students will gain knowledge of rules and regulations, throwing, dodging, tactics and how to manipulate opponents. This will be done through both drill-based teaching and conditioned games.</p>	<p><u>Summative assessment will include</u> Think pair share discussions, class discussions, individual questioning, individual/group demonstrations, practical execution in a game setting.</p> <p><u>Formative assessment:</u> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>
Summer	During Summer Term 1 2 the students will learn about Cricket and Tennis.		

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<p>term 1 & 2</p>	<p><u>Cricket</u></p> <p>In this unit pupils focus on accurate replication & further developing, implementing, and refining techniques for batting, bowling, and fielding. Pupils will develop the ability to place the ball in a target area and refining game strategies. Pupils will develop confidence in movement and test mental capacity through scoring and officiating games.</p>	<p>Students will learn and be able to replicate the different techniques in each aspect of cricket. This will include batting, fielding, bowling, and gameplay. This will be done through a game-based approach allowing the students to learn through conditioned games.</p> <p>The students will gain knowledge of the following:</p> <ul style="list-style-type: none"> • Do I know the key teaching points for different batting shots? • Can I incorporate a run up and still bowl accurately? • How will this benefit me? • Can I identify and play the most appropriate shots based on the position of fielders? 	<p><u>Summative assessment</u> will include: Think pair share discussions, class discussions, individual questioning, individual/group demonstrations, practical execution in a game setting.</p> <p><u>Formative assessment:</u> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>
	<p><u>Tennis</u></p> <p>In this unit the students will focus on the basics of tennis, which will give them the confidence to take part in a tennis match. They will cover all aspects of tennis including: the serve, the forehand, the backhand, the drop shot, the smash and gameplay.</p>	<p>Students will have knowledge of the rules and regulations of all forms of tennis. The students will be able to apply different shots and tactics to game scenarios, as well as play both singles and doubles tennis. The shots the students will learn will be the serve, the forehand, the backhand, the drop shot, the smash and complete gameplay.</p>	<p><u>Summative assessment</u> for tennis: think pair share discussions, class discussions, individual questioning, individual/group demonstrations and practical execution in a game setting.</p> <p><u>Formative assessment:</u> Students will be graded at the end of the six-week block during the gameplay lesson on each of the skills they have learned during the scheme of work. This will be done through the teaching of conditioned games.</p>